

Best Practice: 1

1. Title: The College is a plastic free campus

2. The context that required the initiation of the practice:

In today's world plastic has become a major threat to the livelihood of mankind and other living beings. With the increasing use of plastic the environment is becoming polluted at rate seen never before. Therefore it has become the need of the hour to say no to Plastic. Therefore the college has started the campaign 'Say No to Plastic'

3. Objective of the practice:

The main objective of the campaign is to make the campus plastic free and at the same time make the students aware of the hazards that plastic especially single use plastic has created.

4. The Practice:

Single use plastic is totally banned in the campus. The single use tea cups in the canteen are banned. Plastic packing materials are also not used. The plastic wastes that come to college are properly disposed. The 'Reduce, Reuse and Recycle' policy is adopted.

5. Obstacles faced if any and strategies adopted to overcome them:

The main hurdle in implementing this practice is making students internalise the fact that plastic is hazardous. They are so accustomed to the use of plastic that they throw plastic wraps here and there.

6. Impact of the practice:

After the implementation of this practice the use of single use plastic is substantively reduced. The plastic wastes are segregated and properly disposed. The students also leave the institute with the understanding that they should Reduce Reuse and Recycle plastic.

7. Resources: Students, Safaiwalas, Town Committee,

8. About the Institution

i. Name of the Institution:	Raha College	ii. Year of Accreditation:	2015
iii. Address:	Raha, Nagaon, Assam	iv. Grade awarded by NAAC:	B
v. E-Mail:	Collegeraha@yahoo.in	vi. Contact person for further detail:	
vii. Website:	rahacollege.co.in		Principal, Raha College

Best Practice: 2

1. Title: No Tobacco Zone

2. The context that required the initiation of the practice:

The use of Tobacco is quite widespread in the entire North East India and therefore the no of cancer patients and cancer mortality is also very high. The habit of chewing tobacco and littering the campus by the students was the context behind initiating the practice

3. Objective of the practice:

The objective of the practice is to make students aware of the hazards of chewing tobacco. If the students become aware they will carry back the message to the community they live in.

4. The Practice:

The College organises awareness programmes on hazards of the use of tobacco products. Moreover CCTV is installed in the campus and if any student is caught chewing and littering he is counselled and warned against it

5. Obstacles faced if any and strategies adopted to overcome them:

The main obstacle is to make students understand the hazards of tobacco use. Teachers personally counsel students whenever they notice someone chewing tobacco.

6. Impact of the practice:

As a result of the practice the college campus has become cleaner and tobacco juices are not seen here and there.

7. Resources: Teachers, Medical Professional, CCTV cameras

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