

1. Web-links to programme

1. Web link to soft skills <https://rahacollege.co.in/cell/10.pdf>
2. Web link to ICT/computing skills <https://rahacollege.co.in/cell/11.pdf>
3. Web link to Life Skills (Physical fitness) <https://rahacollege.co.in/cell/12.pdf>

2. Report of the Events

Report on Ten Days Yoga Programme (Life Skills)

Report on Soft Skills

Report on ICT/Computer Skills



REPORT ON TEN DAYS YOGA TRAINING

Jointly organised by

DEPARTMENT OF ECONOMICS, EDUCATION AND HISTORY, RAHA COLLEGE, NAGAON, ASSAM

From-20th April, 2022 to 29th April, 2022

A ten day Yoga training programme jointly organised by the Department of Economics, Education and History of Raha College, Raha, Nagaon Assam. The period of training programme was started from 20th April, 2022 to 29th April, 2022. The training programme was started from 1.00pm onwards. For this training programme, we invited Yoga trainer Mr. Sanjay Kakati an alumni of our college. On the first day of training, we facilitated Mr. Sanjay Kakati and Dr. Beda Kr. Chaliha, Principal of the College, spoke about the importance of Yoga among the participants. More than 30 students actively participated in the programme along with our few teachers. On last day of training, students replied that the Yoga programme was highly benefitted them and they told that in near future also College can organize such type of programme. In valedictory session, Mrs. Monika Das, Vice Principal of the College, and Mr. Mrinal Jyoti Sarma, HOD of History, talk few words on successful completion of the programme. Participants Certificates also distributed among the students.

Principal
Raha College, Raha
Nagaon, Assam

Submitted By

Uttam Das
Programme Co-ordinator

OFFICE OF THE PRINCIPAL
RAHA COLLEGE

Estd. 1964

P.O.- RAHA, DIST. NAGAON, PIN : 782103 : ASSAM

Permanently affiliated to G.U. & Registered under 2 (f) & 12 (B) of UGC's Act 1956

Re-Accredited by NAAC (B Grade)

Website: www.rahacollege.co.in

Dr. Beda Kr. Chaliha, M.A., B.Ed. Ph.D ৱাৰ প্ৰধানিকাৰ, ৱা, নগাঁও (অসম)
Principal & Secretary



094357-27523 (M)

03672-295914 (O)

Email : Collegeraha@yahoo.in

Ref. No.....

Date-

Undertaking

This is to certify that following students are participated in the 4-Day workshop on "Soft Skills and Career Counselling" organised by the Career Counselling Cell of Raha College in collaboration with NSS Cell, Gauhati University from 26/02/2021 to 02/03/2021.


Signature of Principal

Principal
Raha College, Raha
Nagaon, Assam

**LIST OF PARTICIPANTS IN THE 4-DAY WORKSHOP ON "SOFT SKILLS AND
CAREER COUNSELLING" AT RAHA COLLEGE**

FROM- 26/02/2021 TO 02/03/2021

SL NO	NAME OF STUDENT	CLASS	SIGNATURE	REMARKS
01	Sanjay Bey	B.A. 1 st Sem.	Sanjay Bey	
02	Rupa Gohain	B.A.3 rd Sem.	Rupa Gohain	
03	Mouchumi Dev	B.A.5 th Sem.	Mouchumi Dev	
04	Karina Singh	B.A.5 th Sem.	Karina Singh.	
05	Jupitara Baruah	B.A.3 rd Sem.	Jupitara Baruah	
06	Deepjyoti Masarong	B.A.3 rd Sem.	D. Masarong	
07	Daya Abtar Gaonkhowa	B.A. 1 st Sem.	Daya Abtar Gaonkhowa	
08	Raktim Jyoti Nath	B.A. 1 st Sem.	Raktim Jyoti Nath	
09	Sangita Devi	B.A. 1 st Sem.	Sangita Devi	
10	Monalisha Devi	B.A. 1 st Sem.	Monalisha Devi	
11	Momi Dewri	B.A. 1 st Sem.	Momi Dewri	
12	Nikshita Das	B.A. 1 st Sem.	Nikshita Das	
13	Sagarika Devi	B.A. 1 st Sem.	Sagarika Devi	
14	Rimpi Devi	B.A. 1 st Sem.	Rimpi Das.	
15	Jyotika Devi	B.A. 1 st Sem.	Jyotika Devi	
16	Ankurima Gogoi	B.A.5 th Sem.	Ankurima Gogoi	
17	Madhusmita Hazarika	B.A.5 th Sem.	Madhusmita H.	


 Principal
 Raha College, Raha

18	Pinki Devi	B.A. 5 th Sem.	Pinki Devi	
19	Hincharan Biswas	B.A. 5 th Sem.		
20	Dipsikha Devi	B.A. 5 th Sem.		
21	Himakshi Kakati	B.A. 1 st Sem.		
22	Khuchi Chetry	B.A. 1 st Sem.		
23	Nikash Kr. Nath	B.A. 3 rd Sem		
24	Dibyajyoti Nath	B.A. 3 rd Sem		
25	Bishal Dey	B.A. 1 st Sem.		
26	Akash Jyoti Deka	B.A. 1 st Sem		
27	Lipi Saikia	B.A. 3 rd Sem	Akash Jyoti Deka	
28	Priyobrat Ronghang	B.A. 3 rd Sem		
29	Kamana Saikia	B.A. 1 st Sem.		
30	Priyanka Das	B.A. 3 rd Sem		



Co-ordinator
Career Counselling Cell
Raha College, Nagaon, Assam

Raha College Computer Centre Report

Name of the development and enhancement program	Capacity skills	Date of implementation(DD-MM-YY)	Number of students enrolled	Name of the agencies/ consultants involved with contact details (if any)
PGDCA		2017-18	37	Raha College Computer Centre
DCA			14	
DTP			05	
TALLY			01	
TOTAL			57	
PGDCA		2018-19	28	Raha College Computer Centre
DCA			23	
DTP			03	
TALLY			01	
TOTAL		55		
PGDCA		2019-20	31	Raha College Computer Centre
DCA			22	
DTP			00	
TALLY			00	
TOTAL		53		
PGDCA		2020-21	18	Raha College Computer Centre
DCA			07	
DTP			00	
TALLY			00	
TOTAL		25		
PGDCA		2021-22	18	Raha College Computer Centre
DCA			08	
DTP			01	
TALLY			01	
TOTAL		28		

3. Photographs with date and caption



FOUR DAYS SOFT SKILLS AND CAREER COUNSELLING WORKSHOP FROM 26/02/2021 TO 02/03/2021



TEN DAY YOGA TRAINING FROM 20/04/2022 TO 29/04/2022



COMPUTER CLASS IN SESSION FOR THE ACADEMIC PERIOD 2022-2023.

4. LIST OF PROGRAMS CONDUCTED AND NUMBER OF STUDENTS ENROLLED.

YEAR	NAME OF PROGRAM	NUMBER OF STUDENTS ENROLLED	CATEGORY
2018	CAREER COUNSELLING WORKSHOP	50	SOFT SKILLS
2019	SEMINAR ON CAREER COUNSELLING	357	SOFT SKILLS
2020	INTERVIEW SKILL WORKSHOP	136	SOFT SKILLS
2021	WORKSHOP ON SOFT SKILLS AND CAREER COUNSELLING	30	SOFT SKILLS
2022	CAREER COUNSELLING	30	SOFT SKILLS
2022	10-DAY YOGA TRAINING	30	LIFE SKILLS
2018	COMPUTER	57	ICT SKILLS
2019	COMPUTER	55	ICT SKILLS
2020	COMPUTER	53	ICT SKILLS
2021	COMPUTER	25	ICT SKILLS
2022	COMPUTER	28	ICT SKILLS