



**Raha College, Department of Education**

**Presents**

**National Webinar**

**on**

**"Stress Management for the Indian Academic Fraternity during Covid 19 Pandemic"**

**In Collaboration with IQAC, Raha College**

**WELCOME ADDRESS**



**Dr. Beda Kr. Chaliha**  
Principal, Raha College

**SPEAKER**



**Dr. Rita Rani Talukdar**  
Associate Professor and  
Former Head Dept. Of Psychology  
Gauhati University

**CONVENOR**



**Mrs. Rita Bora Saikia**  
HOD, Dept. Of Education  
Raha College

**Joint Coordinators of the Webinar**



**Dr. Pritilata Pegu Doley**  
Assistant Professor  
Dept. Of Education  
Raha College

*Organised by  
Department of Education  
Raha College*



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**Dr. Karabi Goswami,**  
Assistant Professor  
Dept. Of English and  
Coordinator, IQAC  
Raha College



**Date : 7<sup>th</sup> August, 2020**

**Session time : 4.00 pm to 6.00pm**

**Contact Number**

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**9435727523**

**Technical Help**

**7086953134**

**E-CERTIFICATE WILL BE PROVIDED AFTER WEBINAR**